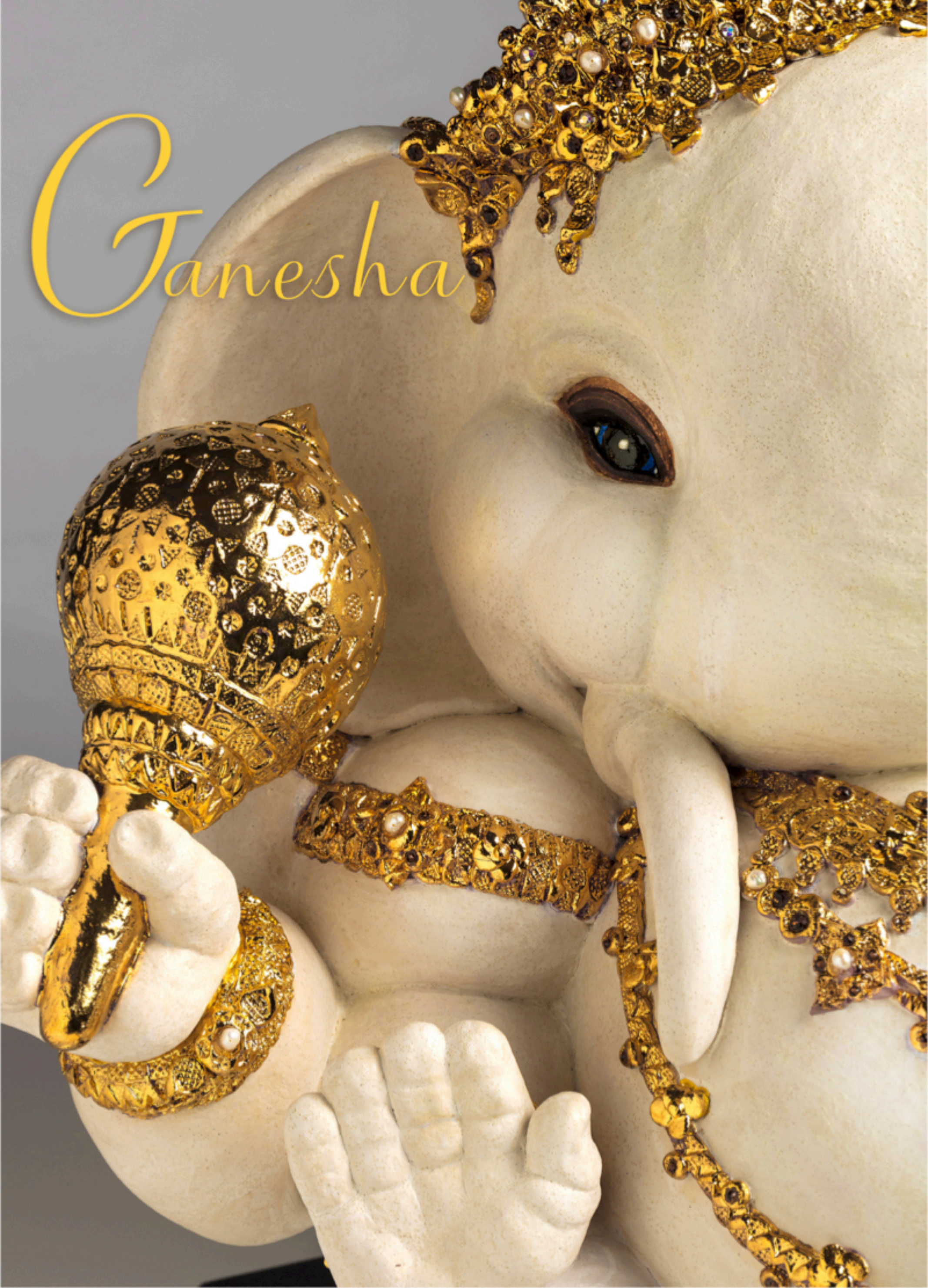


*Ganesha*





# *the Divine Child* *Ganesha*



by  
*Edward Saugstad*  
with original artworks  
by  
*Brigitte Saugstad*



## **Ganesha - Sweetness of Life**

*—born out of earth—*

*Simple earth which slowly takes shape.*

*The prominent belly and plump arms and legs express his  
sweet, strong, eternally childlike personality and  
complete satisfaction.*

*Rhythmic and light are his movements, despite his  
corpulent body.*

*A small mouse serves as his vehicle as a symbol of his sublimity  
beyond the human ego.*

*From his navel unfolds the maternal energy of life in the form of  
the golden spiral.*

*The elephant head is a symbol of innocence, wisdom and  
freedom from thought.*

*To defend these qualities he carries weapons, and helps to  
master life's obstacles with his powers.*

*Another hand holds sweets as a satisfying gift.*

*The fourth hand is raised to give protection and  
freedom from fear.*

*With his broken tusk he writes the history of the universe.*

*Royally decorated with sparkling jewels and shining gold  
— or in simple form — he sits peacefully smiling at you.*

*So I interweave these eternal qualities of the divine inner child  
into my artistic creations, thus allowing the elephant god  
Ganesha to dance out of my hands.*

**Brigitte Saugstad**











*By now, here in the twenty-first century, almost everyone has heard of or seen an image of Ganesha, one of the oldest and most beloved universal archetypes in history (and prehistory).*

*Ganesha is an innocent child, with the humility and wisdom of an elephant.*

*He represents the Son of God, the perpetual support and joy of his Mother.*

*No task is too big for him as his powerful nature is the very basis of the whole universe.*

*He is the purity and spontaneity in life, guiding the atoms to form Creation.*

*He quietly brings good fortune to those who love and respect him and the universal Mother — the innocent and benevolent (children and kind-hearted persons).*

*His humble but all-powerful nature makes him universally endearing.*



### **Here is the legend of his birth:**

One day in heaven, the Divine Mother of Creation, Parvati, was preparing for the wedding to Her eternal husband, God Almighty, Lord Shiva. Feeling shy and worried that Lord Shiva may try to enter the bathroom, She decided to create a son to protect the door. Being the Mother Earth, She was able to remove natural fragrant pastes from Her skin, which She then modeled into the shape of a child. Her creation sprang to life with absolute love and dedication for his Mother. He stood guard outside Her bathroom door, and after a while Lord Shiva approached, insisting to be allowed in. The boy would not let him pass, explaining that he was following his Mother's clear instructions. As Lord Shiva tried to force entry, the boy hit him with his stick, and the Lord departed in a fury. Lord Shiva had an army of devoted angel-like servants, the ganas. He ordered them, and other divine entities, to remove the boy. They engaged him in battle, but were all easily defeated by the stick wielding child.







Lord Shiva realized that this enemy could only be conquered through deception, so he made a plan to have him distracted. As others fought with the valiant boy, drawing his attention away, Lord Shiva came up from behind and cut off his head. There was big trouble for all when Mother found out! Mother Parvati, in a fit of rage, unleashed Her female powers of destruction upon the hosts of heaven. But before irreversible damage could be done, Her husband and his friends asked for forgiveness, promising to do anything to make amends. Parvati decided to forgive them, insisting that they should immediately go out and take the head of the first animal they found, to restore Her son to life; and that the Lord should give him the highest position of authority in the hierarchy of heaven. They soon found a wise, innocent elephant, who willingly offered his head for the son of the Goddess. When the boy was brought back to life, he was named **Ganesha** (Gana-Isa), master of all the divine helpers of Lord Shiva!



On another occasion, Mother Parvati told Ganesha and his younger brother Kartikeya — a very busy fellow who could travel quickly on his peacock — to see who could go around the world faster. The winner would receive the prize of a sweet nectar, delicious Amrit, prepared specially by Her. Kartikeya set out at high speed, confident of his victory. Round, little Ganesha stood there meditating for a few minutes, then, in innocent certainty, walked lovingly around Mother. When he explained that She is the world, as the whole of Creation resides in Her heart, in its Creator, he was given the prize. This he happily enjoyed, sitting and giggling on Her lap.











*Behold the Mother*



***Did you know?...***

~ That his four arms represent the four valencies of the carbon atom, basis of all life;





~ That, residing at the very base of existence as its support, he protects and gives guidance through the subconscious;





~ That the four-petalled swastika is actually the ancient symbol of Ganesha's innocent powers, also representing the Mooladhara chakra;





~ That Ganesha transcends  
time;







~ That he personifies auspiciousness,  
prosperity and joy;



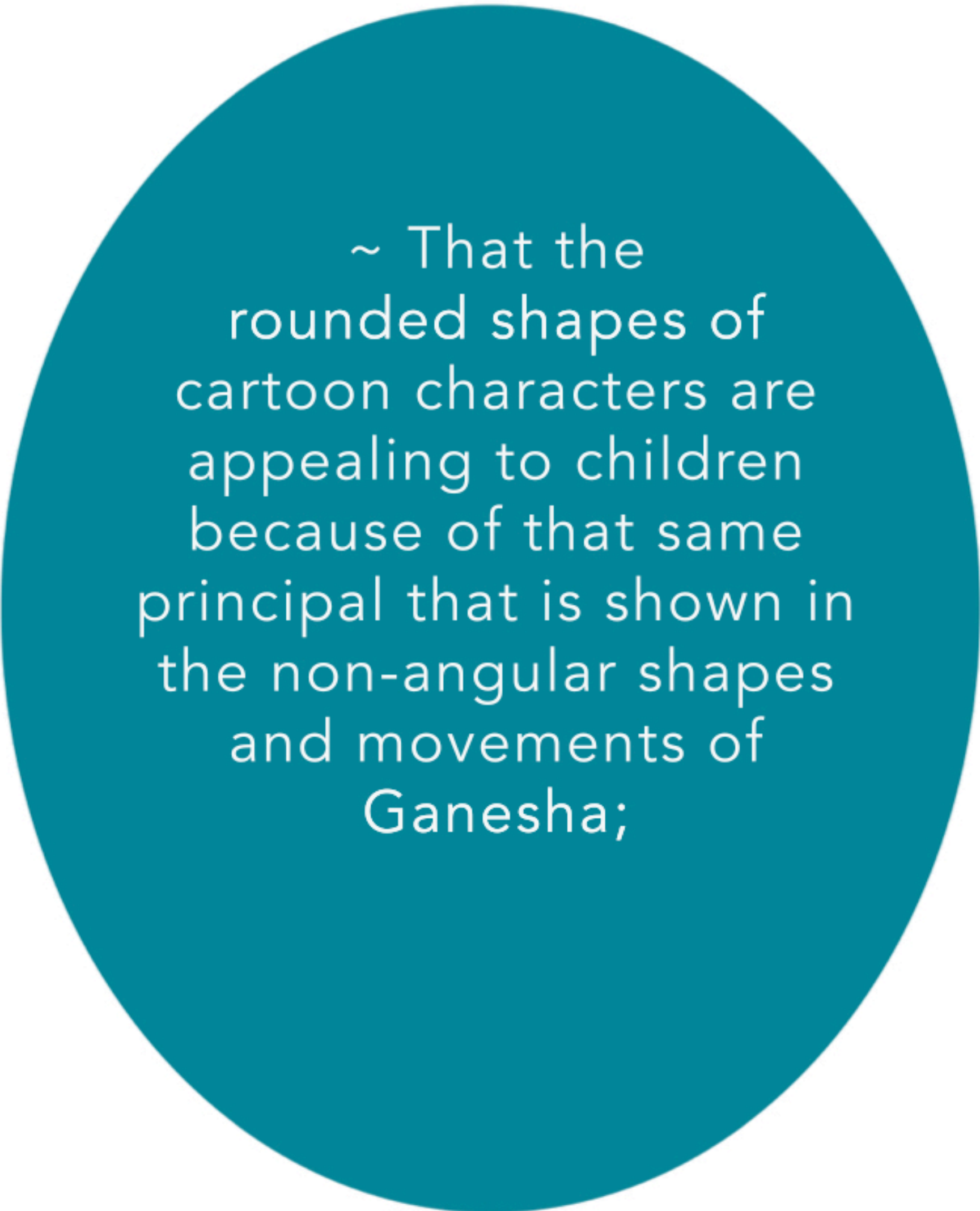




~ That this innocence, expressed potently in nature and in babies, has a special coefficient that emits a primordial, subatomic 'vibration' which can be felt by the human nervous system as a cool breeze (emitting from the palms of the hands and the top of the head);





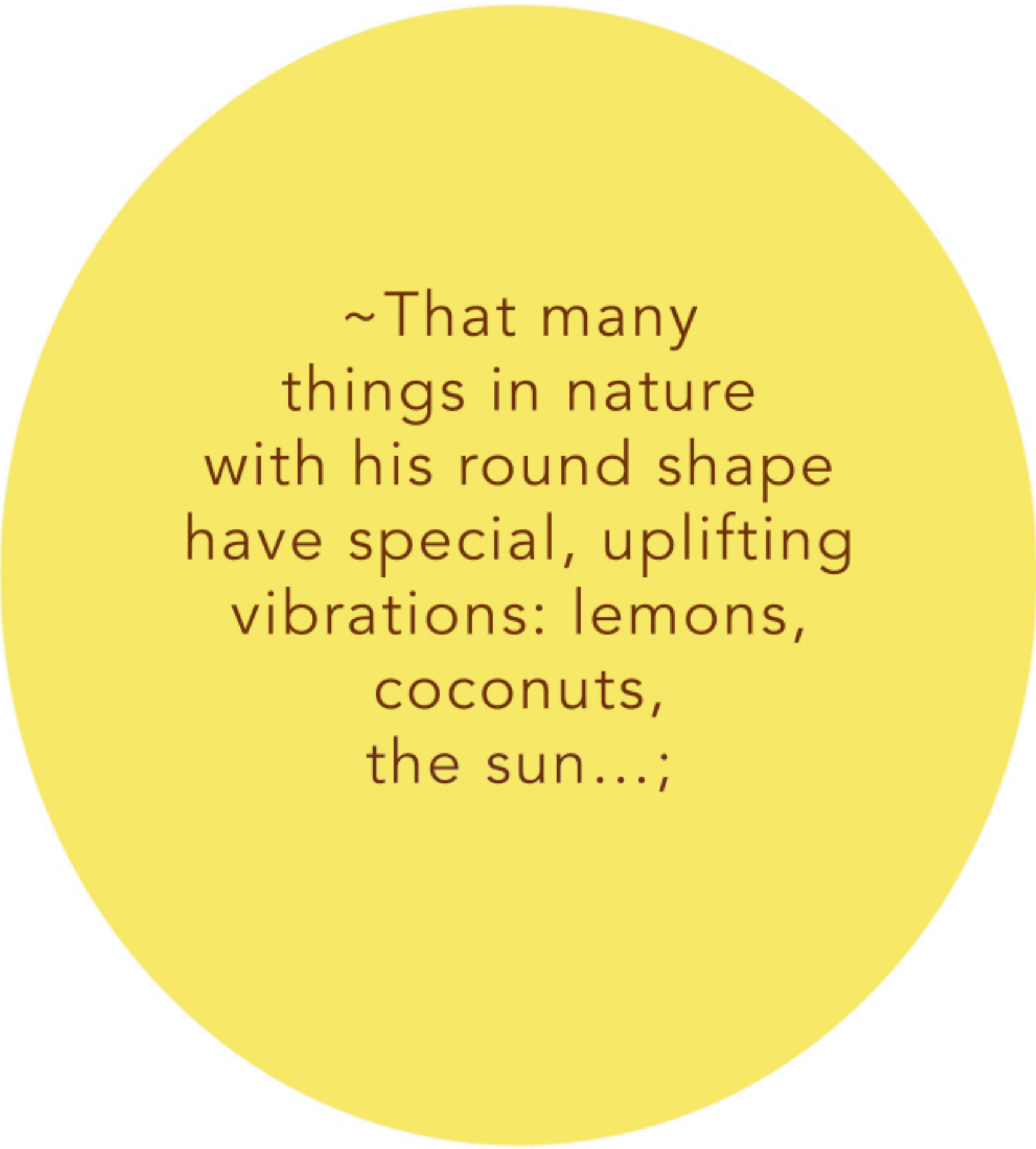


~ That the  
rounded shapes of  
cartoon characters are  
appealing to children  
because of that same  
principal that is shown in  
the non-angular shapes  
and movements of  
Ganesha;









~That many  
things in nature  
with his round shape  
have special, uplifting  
vibrations: lemons,  
coconuts,  
the sun...;











~ That he is the valuable source of honesty, kindness and childlike dynamism in us;





~ That this essence called Ganesha  
can lift a person out of selfishness,  
fear and guilt complexes;











~ That Ganesha is so light, despite his huge size, that he travels on a tiny mouse (that also represents our wayward, harmful attention, which he helps guide);







~ That magnetism, gravity, and natural fragrances are also qualities of Ganesha;







~ That a four-leaf clover is considered lucky because it is a symbol of this indestructible root of innocence in us;







~ That all cultures are within  
his universal qualities;





~ That Ganesha's day is Tuesday, the beginning represented by the Mooladhara chakra and the planet Mars;



~ That, in some cultures, he is invoked to  
bless every new undertaking, and to  
supply focus and intelligence for  
education;





~ That he is famous as the remover of obstacles;





~ That this form also exists on a subtle level as the four-petalled Mooladhara (support of the root) chakra (energy center) below the base of our spines, controlling the pelvic plexus;





~ That his color is coral red;











~ That Ganesha is the archetypical symbol of our inner-child (as Jesus Christ is at a higher, more evolved level).







Lord Ganesha has a large belly, representing blissful satisfaction. His royal crown and jewelry, and sometimes flower garlands, enhance his high, divine countenance and show his love for beauty. The coil on his stomach indicates the universal, motherly power of enlightenment, Kundalini, that is meant to rise up inside every human being from the sacrum bone to the fontanelle. If he is not sitting down in deep meditation, he is dancing merrily to his Mother's great delight. He once broke off his left tusk to destroy evil, and then used it to write down the history of Creation. In his four hands he carries a tasty, divine sweet to nourish; a goad to protect and prod wayward souls onto the path of spiritual ascent; a noose to pull worthy souls up into enlightenment; and an open palm, pouring out the cool, life-giving Breath of God!





# *The Ganapati Terracotta Army*

prepared to march out into the world with  
Divine Love





## The Comforter

I want to make you smile!  
Let go of the shadows of the past  
— Compassion, Peace, Joy —  
I want to make you smile!  
This present moment will guide you into the future  
Holding your hand, forever





"All the beauty comes to us through the glow of Shri **Ganesha**."

"Then I realized, you see, these small little children, their **Ganesha** is awakened in them. Everybody's **Ganesha** is awakened when you are born. All the animals have their **Ganesha** intact with them, especially the birds. We never think how birds, all the way from Siberia, go to Australia. What direction comes to them, from where. They have got a magnet within themselves. That is Shri **Ganesh**. The magnet is Shri **Ganesha**."

"The greatest quality of Shri **Ganesha** is joy. It gives you joy, as small children do. Because **Ganesha** shines through them very clearly."

**Shri Mataji**





THE EIGHT GANESHA 'SWAYAMBHUS'  
(BORN OF THE MOTHER EARTH)  
IN CENTRAL INDIA

Matterhorn



*My goal is to bridge the gap between art, spirituality, and global culture, making the transcultural relevance of this significant figure visible.*

*My artistic engagement with Ganesha, the divine child, is not only a tribute to his profound cultural and spiritual significance. It also reflects my personal experiences, as I let this divine messenger of happiness playfully dance from my hands, immortalized in clay.*

*I hope that viewers will be inspired by this connection to overcome their own obstacles and recognize the beauty of diversity in human experiences.*

Brigitte Saugstad



Studio Saugstad:  
Hauptstraße 110  
3032 Eichgraben, Austria

[info@brigittesaugstad.com](mailto:info@brigittesaugstad.com)

[www.brigittesaugstad.com](http://www.brigittesaugstad.com)  
[www.edwardsaugstad.com](http://www.edwardsaugstad.com)